Super Simple Afghan
Materials:
150 g (or a little more) each of 2 colors of a Medium (4) yarn - Bernat Pop, Red Heart Super Saver or Red Heart Comfort are good examples
5 mm knitting needles (or size suggested for your yarn)
yarn needle
scissors
crochet hook (optional)
measuring tape (optional)
Block instructions:
Cast on 20 stitches.
Knit every row (garter stitch) until the block is a square.
Cast off.
(Optional: blocks can be knit in any stitch pattern)
Knit 19 blocks of color A \& 17 blocks of color B, for a total of 36.
Weave in ends.
Lay out blocks:
Row 1: 2 blocks A, 2 blocks B, 2 blocks A
Row 2: 1 B, 2 A, 2 B, 1A
Row 3: 2 B, 2 A, 2 B
Row 4: 1 A, 2 B, 2A, 1 B
Row 5: 2 A, 2 B, 2 A
Row 6: 1 B, 2 A, 2B, 1 A
(Or lay out in any pattern you like. Adjust number and color of blocks as wished)
Stack each column from row 1 (at the top) to 6 (at the bottom)
Use ladder stitch to sew seams.
Weave in ends
(Optional: use whipstitch or cross stitch, or crochet blocks together, and/or add a crochet border.)

